



*Tuning My Heart Quilts*

*by*

*Debra Davis*

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# *A Nordic Christmas*

*Mini Blocks*

by Debra Davis

Tuning My Heart Quilts, LLC

## Week 7 Bonus: The Gift



Finished size: 3" x 3"

This is the final block in my series of Christmas ornaments to adorn the house. I show you a method to make just one Flying Geese unit here, but by using the No-Waste method I used in weeks 4 and 6 you could easily make four at a time. This one is the same size so you would use the measurements included in those blocks. I do recommend that you use starch both before cutting out your pieces and as you press the units. And take your time as you sew, slowing down can really help with the necessary accuracy. Since this is a stand-alone block, while I have the finished size listed as 3" it does not matter at all if you are off a bit. Using this pattern along with the photo tutorial on my blog will help you to have success as well. Happy Quilting and Merry Christmas!

*Debra*

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Website: [www.tuning-my-heart.com/](http://www.tuning-my-heart.com/) Facebook: [www.facebook.com/tuningmyheartquilts/](https://www.facebook.com/tuningmyheartquilts/)

Sew Along Facebook Group: [www.facebook.com/groups/tuningmyheartsewalong/](https://www.facebook.com/groups/tuningmyheartsewalong/)

## Fabric Requirements

The blocks in this series are made using scraps of 2 red fabrics, 1 white on white print and one red and white print. Fat Quarters will work very well.

You will also need:

1 Fat Quarter of fabric for the Backing and Binding.

DMC Pearl Cotton #5 (the loop for hanging.)

## Cutting Directions

From White cut:

A-(cut 2) 1 ¼" x 1 ¼"

B-(cut 1) 1 ½" x 2 ¼"

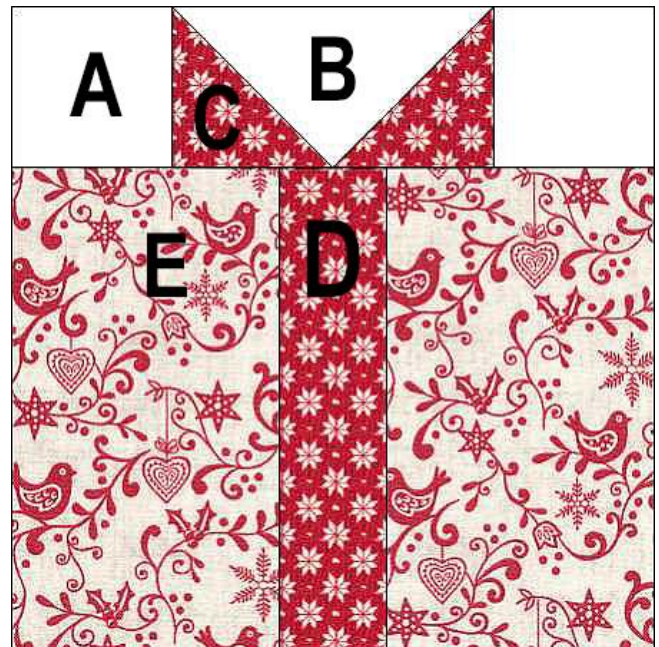
From White on White cut:

E-(cut 2) 2 ¾" x 1 ¾"

From Red cut:

C-(cut 2) 1 ½" x 1 ½"

D-(cut 1) 2 ¾" x 1"



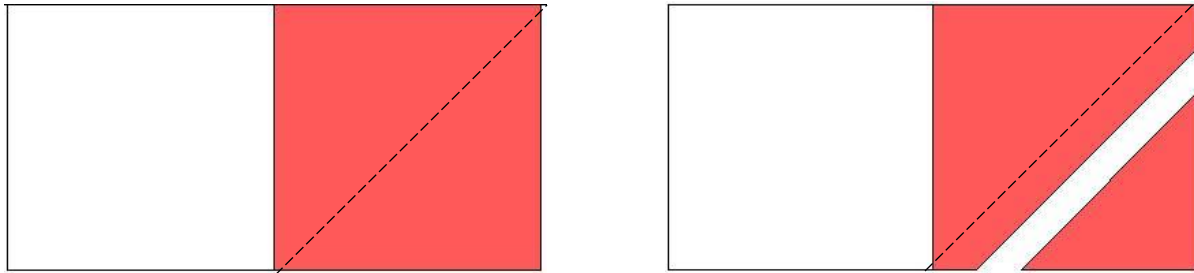
Backing: 4 ½" x 4 ½"

Batting: 4 ¼" x 4 ¼"

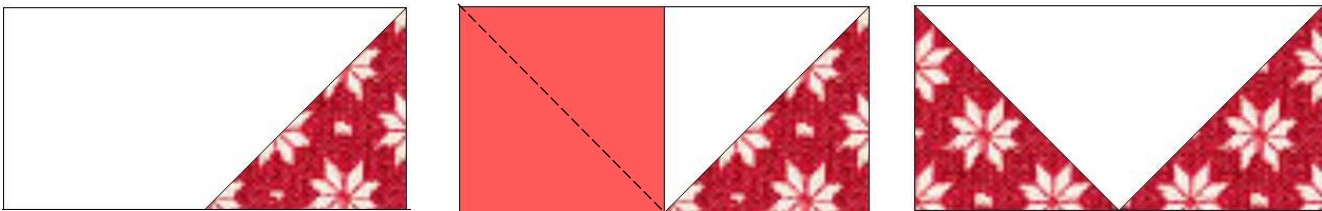
Binding 1 ½" x 18"

## Step 1: Making the Flying Geese Unit

Draw a diagonal line on the back of the C squares. Place a C square right sides together on one end of the B rectangle. Sew along the drawn line, not right on top of it, but just to the outside- about a needle's width is all it takes. Trim off the extra.

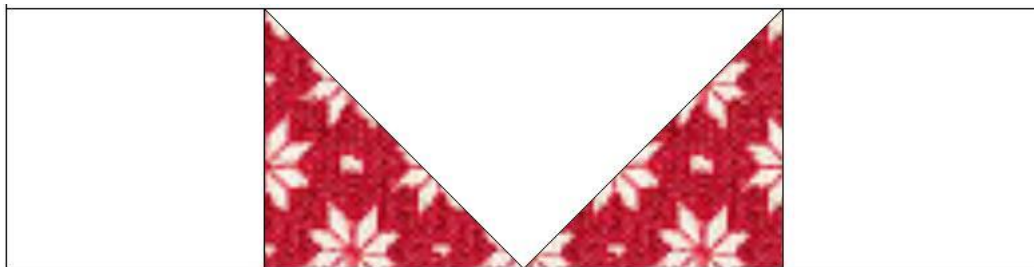


Press towards the small triangle as shown by arrow. Repeat with the remaining C square on the other side. Trim to measure 1 ½" x 2 ¼".



## Step 2: Make Top Row

Add the A squares to each side of the Flying Geese Unit. Press towards the A squares.





### Step 3: Make Bottom Row

Join the E and D rectangles pressing towards D.



### Step 3: Make Block

Join the top and bottom rows and press towards the bottom.



### Step 4: Quilting the Block

Layer the backing, batting, and quilt block. I prefer Basting Spray to hold the layers together for small quilts.

Quilt as desired. For my sample I just stitched in the ditch around the entire gift including the ribbon.

## **Step 5: Binding and Finishing:**

Press Binding in half. Attach to the front of quilt, mitering the corners as you go. Fold binding over to the back of the quilt and attach with a slip stitch to complete the binding of the quilt.

Cut a length of Pearl Cotton thread and attach a loop to the top for hanging your mini quilt.

My photo tutorial can be found on my blog: search for Nordic Christmas Week 7. I have also posted video tutorials to show how I do the quilting and binding on these little blocks. They can be found on my “Tutorials” page.

That’s it! I hope you will consider sharing your finished block with me on my Facebook page. I love to see what you are making with my patterns and always comment. Wishing you a very Merry Christmas and Happy Quilting!

**A Note about Copyright:** The pattern itself is copyrighted. Basically, please do not make copies of my patterns for others in either print or digital form. I would love it if you would direct people to my website to download their own copies of my patterns-in this way you will be thanking me for my work and supporting what I provide to you.

### **Yes, you can sell your items made from my patterns.**

Any physical items you create with my patterns are yours and there are no restrictions on what you can do with them. So go ahead and enter them in shows, sell them, donate them for auctions, etc. You are not required to mention Debra Davis or Tuning My Heart Quilts in any way.

### **However, it does help me out a lot when you do.**

When you share the project and tell your friends about me and my quilt designs and tutorials, it helps me stay in business and support my family. I really do appreciate it when you share and let others know you found my quilting tutorials and patterns helpful.

### **So attribution is not required, but definitely appreciated!**

Please pay it forward and pay it back and let me know when you create a quilt from one of my patterns. And if you tag me on Facebook [@tuningmyheartquilts](https://www.facebook.com/tuningmyheartquilts) and I see it I will be able to comment back to say thank you!