

**Under the Stars  
Block of the Week Quilt  
by Debra Davis**



*Tuning My Heart Quilts*

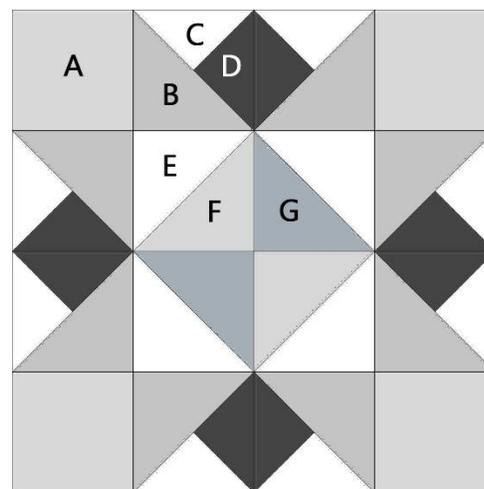
**Block 4 – Girl's Favorite Variation**

**Fabric Needed for Red and White Version:**

*2 grey, 2 medium red, 1 dark red, and white*

**Cutting Directions:**

- A- (cut 4) 4 ½" x 4 ½" grey #1
- B- (cut 4) 5 1/8" x 5 1/8" medium red #1
- C- (cut 2) 5 ¾" x 5 ¾" white
- D- (cut 2) 5 ¾" x 5 ¾" dark red
- E- (cut 2) 5 1/8" x 5 1/8" white
- F- (cut 1) 5 1/8" x 5 1/8" grey #2
- G- (cut 1) 5 1/8" x 5 1/8" medium red #2



**Fabric Needed for Color Version:** 5 assorted colors plus background fabric  
( I used 1 teal, 1 yellow, 1 light purple, 1 medium purple, and 1 green in my block)

**Cutting Directions:**

- A- (cut 4) 4 ½" x 4 ½" green
- B- (cut 4) 5 1/8" x 5 1/8" yellow
- C- (cut 2) 5 ¾" x 5 ¾" white
- D- (cut 2) 5 ¾" x 5 ¾" teal
- E- (cut 2) 5 1/8" x 5 1/8" white
- F- (cut 1) 5 1/8" x 5 1/8" light purple
- G- (cut 1) 5 1/8" x 5 1/8" medium purple

## To Make the Block:

### **Step 1: Making the Quarter-square Triangles**

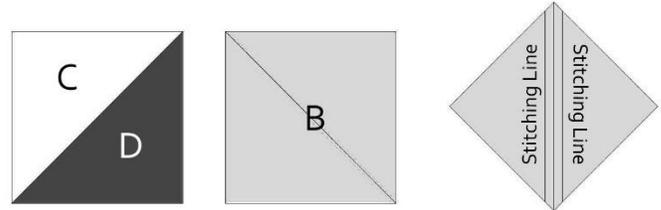
First, use the C and D squares to make Half-square triangles. Draw a diagonal line down the center of the C squares. With right sides together place a C square on a D square. Sew  $\frac{1}{4}$  inch from each side of the diagonal line. Cut apart on the drawn line and press two of them towards the dark side and two towards the light side.



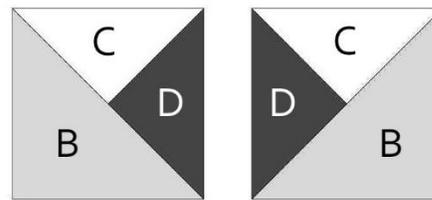
Trim the HST's to  $5 \frac{1}{8}'' \times 5 \frac{1}{8}''$

On the back of the B squares draw a line down the middle. Place right sides together with the C/D HST. The drawn line needs to cross the diagonal seam line and not lay the same direction. (see Figure 1) Sew  $\frac{1}{4}$  inch from each side of the line. Cut apart on line and press towards B triangle.

Figure 1



Trim to  $4 \frac{1}{2}''$  squares.

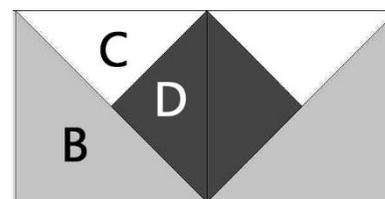


### **Step 2: Making Unit 1**

Join these together in pairs to create four B units pressing 3 towards the left and 1 towards the right.

B unit measures  $4 \frac{1}{2}'' \times 8 \frac{1}{2}''$

B unit



### Step 3: Making the Center C Unit

Using E and F squares make four Half-square triangle units. (HST's)

On the back of the E squares draw a line down the middle. Place right sides together with F square. Sew  $\frac{1}{4}$  inch from each side of the line. Cut apart on line and press towards the dark side.

Trim to  $4 \frac{1}{2}$ " squares.

Repeat using the E and G squares but press these towards the light side.

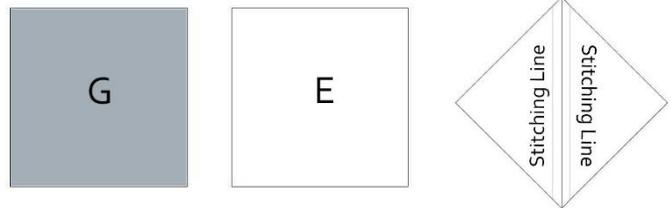
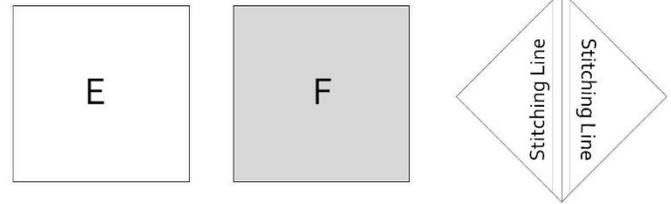
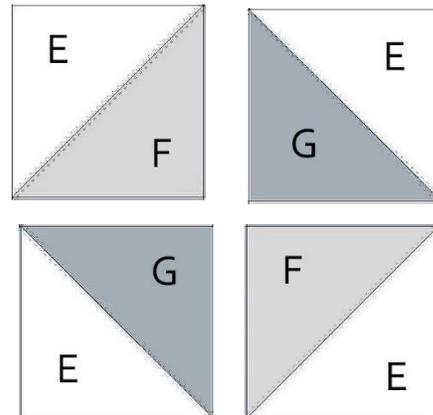


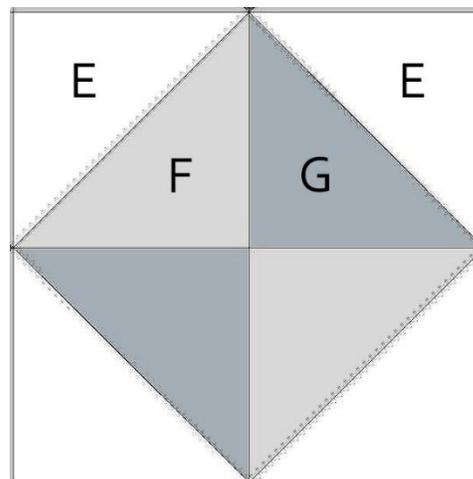
Figure 2



Arrange the four half-square triangles as shown in Figure 2.

Join together in pairs. Press seams towards the G/E HST's. Join the two rows together to make center unit. Press towards the top row.

Center unit



The center unit measures  $8 \frac{1}{2}$ " X  $8 \frac{1}{2}$ "

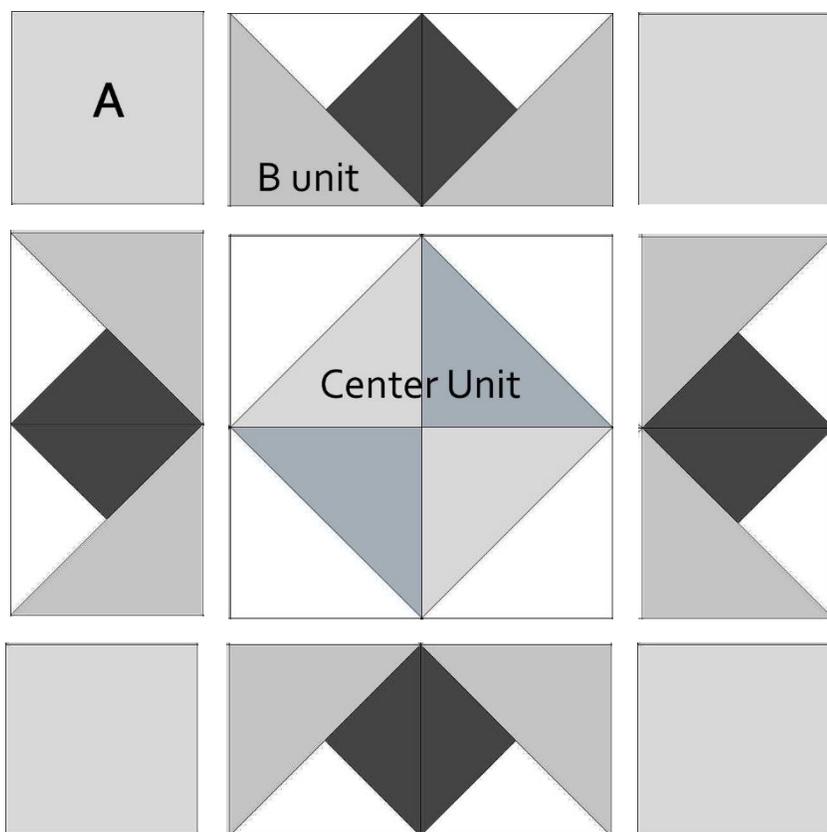
### Step 3: Assemble the Block

Lay out all of the pieces for your block as shown below. Be aware of which way your seams are facing so that they lock together when sewn.

Sew together into rows pressing the top row towards the A squares and the bottom row towards the B Unit. Press, fanning the seams on the middle row for less bulk.

Join the rows together, pinning as needed. Press, fanning the seams.

The block measures 16 ½" x 16 ½"



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