

**Under the Stars
Block of the Week Quilt
by Debra Davis**



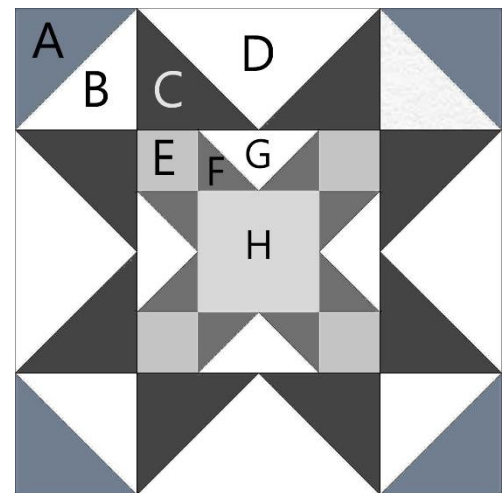
Tuning My Heart Quilts

Block 1 – Eight Hands Around

Fabric Needed for Red and White Version: 2 greys, 2 medium red, 1 dark red, and white

Cutting Directions:

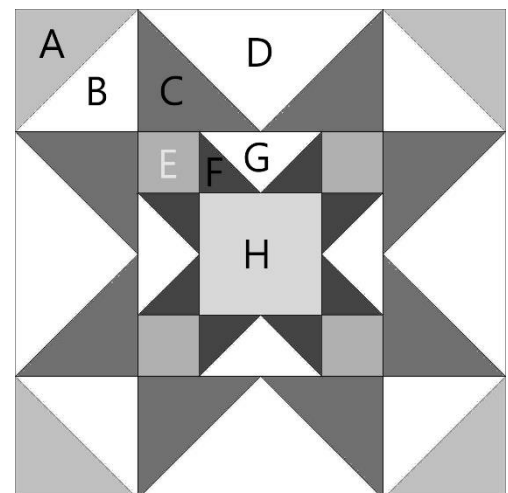
- A- (cut 2) 5 1/8" x 5 1/8" medium Red # 1
- B- (cut 2) 5 1/8" x 5 1/8" white
- C- (cut 4) 5 1/8" x 5 1/8" Dark Red
- D- (cut 1) 9 1/2" x 9 1/2" white
- E- (cut 4) 2 1/2" x 2 1/2" Grey #1
- F- (cut 4) 3 1/8" x 3 1/8" medium Red # 2
- G- (cut 1) 5 1/2" x 5 1/2" white
- H- (cut 1) 4 1/2" x 4 1/2" Grey #2



Fabric Needed for Color Version: 1 light, 3 medium, 1 dark, and white

Cutting Directions:

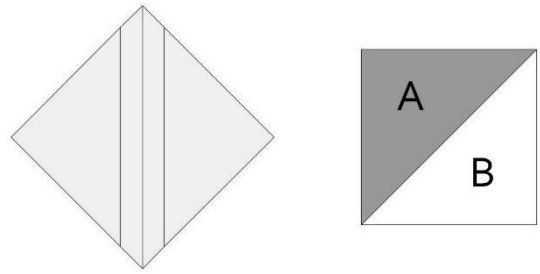
- A- (cut 2) 5 1/8" x 5 1/8" medium #1
- B- (cut 2) 5 1/8" x 5 1/8" white
- C- (cut 4) 5 1/8" x 5 1/8" medium # 2
- D- (cut 1) 9 1/2" x 9 1/2" white
- E- (cut 4) 2 1/2" x 2 1/2" medium #3
- F- (cut 4) 3 1/8" x 3 1/8" dark
- G- (cut 1) 5 1/2" x 5 1/2" white
- H- (cut 1) 4 1/2" x 4 1/2" light



To Make the Block:

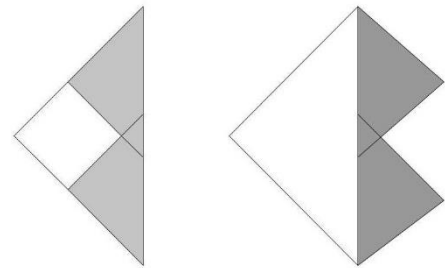
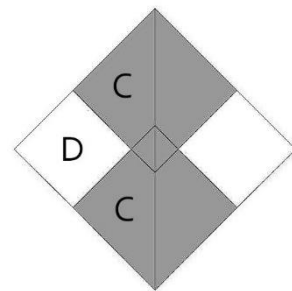
Step 1: Using A and B squares make four Half-square triangle units. (HST's)

On the back of the B squares draw a line down the middle. Place right sides together with A square. Sew $\frac{1}{4}$ inch from each side of the line. Cut apart on line and press towards darker side. Trim to $4\frac{1}{2}$ " squares.



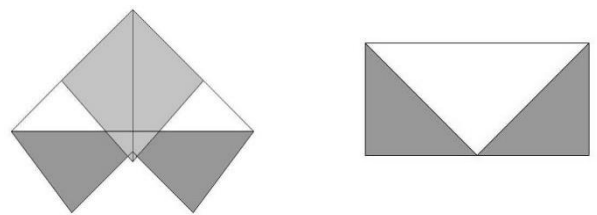
Step 2: Using the C and D squares make four Flying Geese units.

Place two C squares right sides together on the D square. Draw a line down the middle. Sew $\frac{1}{4}$ inch from each side of the line. Cut apart on the line and press towards the small triangles. Place another C square on top of unit and draw a line down the middle. Sew $\frac{1}{4}$ inch from each side of the drawn line, cut apart and press towards the small triangles. Trim Flying Geese units to $4\frac{1}{2}$ " x $8\frac{1}{2}$ "



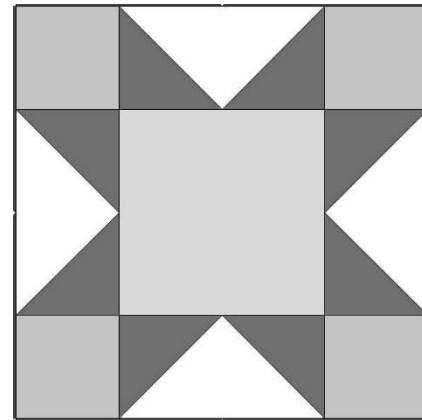
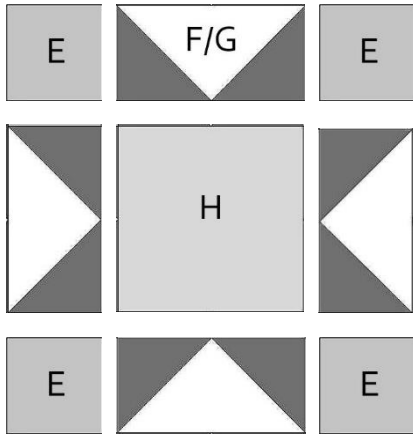
Step 3:

Repeat step 2 using the F and G squares.
Trim these units to $2\frac{1}{2}$ " x $4\frac{1}{2}$ "



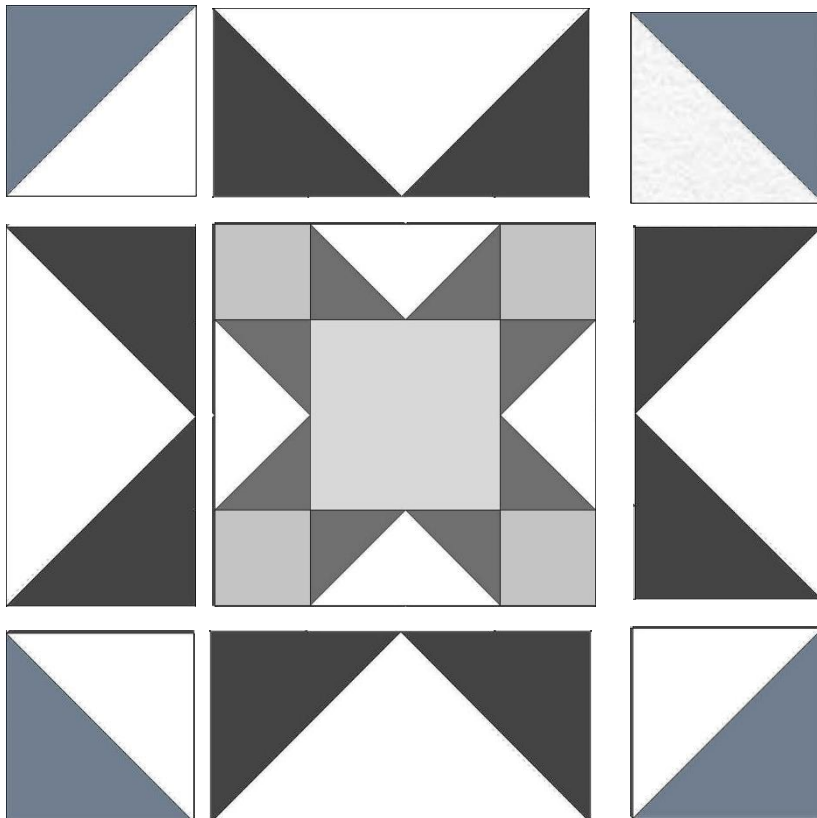
Step 4:

Assemble the center 9-patch square.
Press top and bottom rows toward E.
Press middle row towards H.



Step 5:

Assemble Block. Press top and bottom rows
towards HST's. Press middle row towards center
square.



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