



*Tuning My Heart Quilts*

*by*

*Debra Davis*

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*Just Desserts*



*Block 8 - Angel Food Cake*

Just Desserts-2019 BOM  
by Debra Davis  
Tuning My Heart Quilts, LLC

## Block 8: Angel Food Cake



Finished Size: 12" x 12"

Birthdays at our house always meant Angel Food Cake served on a special glass cake stand. My mom never made them from scratch but always used the good ole Duncan Hines mix. However, the frosting she used on top was her own creation and her chocolate was always my choice. It just so happens my birthday is in September so of course this month's block has to be Angel Food Cake.

I hope you will consider joining my Facebook Sew Along Group. I love seeing what you make! There are quilters of all levels sewing along with me there and it is such a treat for me to get to know each one through this group.

<https://www.facebook.com/groups/tuningmyheartsewalong>

*Debra*



# Cutting Directions



From Yellow #1 fabric cut:

A-(cut 4)  $2\frac{1}{2}$ " x  $2\frac{1}{2}$ "

H-(cut 4)  $3\frac{1}{8}$ " x  $3\frac{1}{8}$ "

From Yellow #2 fabric cut:

D-(cut 4)  $2\frac{1}{2}$ " x  $2\frac{1}{2}$ "

From Pink fabric cut:

B-(cut 4)  $3\frac{1}{8}$ " x  $3\frac{1}{8}$ "

From Blue #1 fabric cut:

F-(cut 4)  $3\frac{1}{8}$ " x  $3\frac{1}{8}$ "

G-(cut 1)  $5\frac{1}{2}$ " x  $5\frac{1}{2}$ "

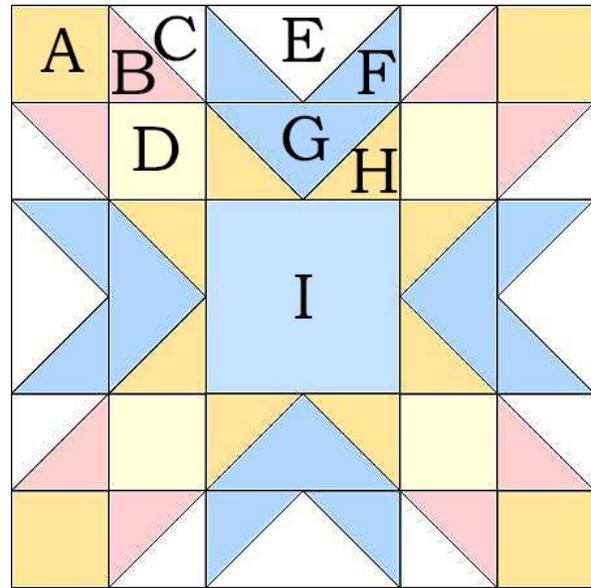
From Blue #2 fabric cut:

I-(cut 1)  $4\frac{1}{2}$ " x  $4\frac{1}{2}$ "

From Background fabric cut:

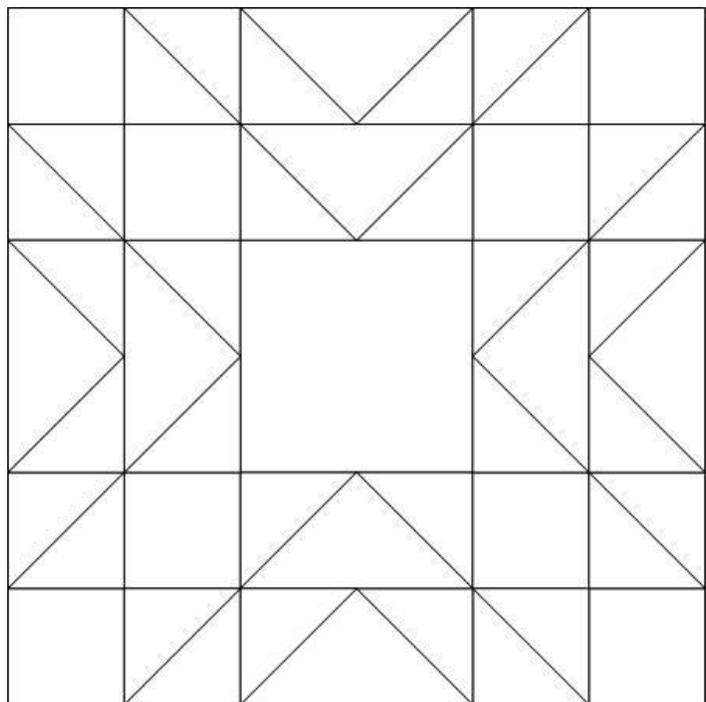
C-(cut 4)  $3\frac{1}{8}$ " x  $3\frac{1}{8}$ "

E-(cut 1)  $5\frac{1}{2}$ " x  $5\frac{1}{2}$ "



**Note:** If you are making the queen size quilt you will need to make two of this block.

## Color it Your Way

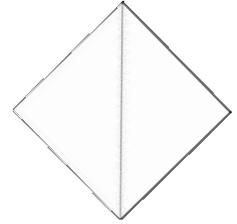




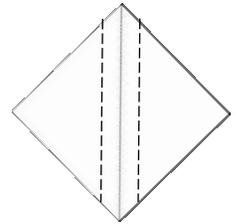
# Making the Corner Units



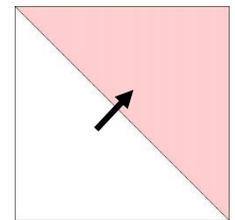
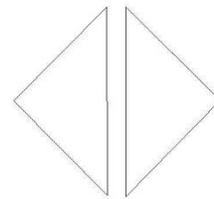
(1) We begin by making eight Half-square Triangles (HST's) for these units. Draw a diagonal line on the back of the C squares.



(2) Place right sides together with the B squares and sew 1/4" from each side of the drawn line.

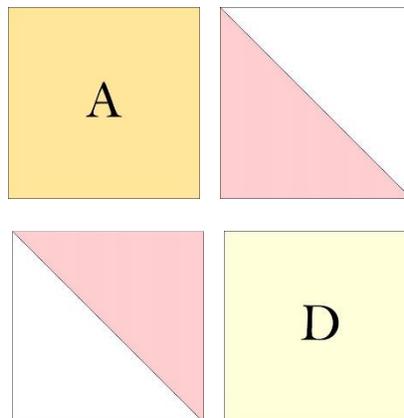


(3) Cut apart on drawn line and press towards B as indicated by arrows.

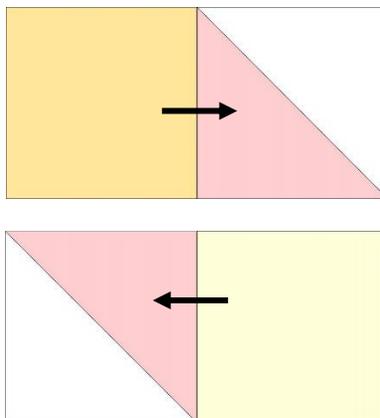


(4) Trim units to 2 1/2" x 2 1/2".

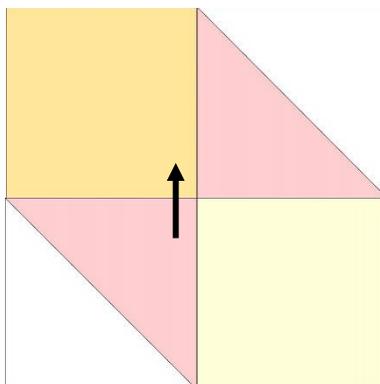
(5) Lay out the HST's with the A and D squares as shown.



(6) Join together into pairs pressing as indicated by arrows.



(7) Join the pairs together to make the 4-Patch Corner Unit. I find a pin at the matching seams helpful. Press as indicated.

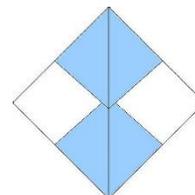


You will have a total of four Corner Units. These units measure  $4\frac{1}{2}'' \times 4\frac{1}{2}''$ .

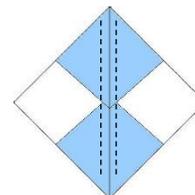
## Making the Flying Geese Units

Note: You will be making two different Flying Geese combinations for this block.

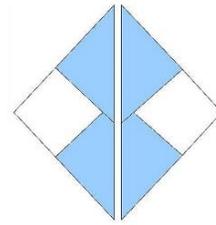
(1) Place two F squares on top of the E square as shown.  
Draw a diagonal line across both F squares.



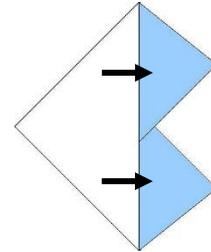
(2) Sew  $\frac{1}{4}''$  from each side of the drawn line.



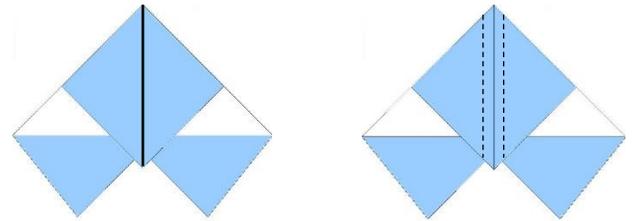
(3) Cut apart on the drawn line.



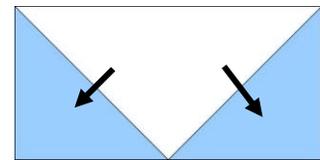
(4) Press towards the E triangles as indicated by arrows. You will have two of these units.



(5) Lay another E square on top of the units just made, as shown. Draw a diagonal line down the middle and sew  $\frac{1}{4}$ " from each side of the line.



(6) Cut apart on the drawn line and press towards the small triangles as indicated. You will have four Flying Geese units.



(7) Trim the Flying Geese units to  $2\frac{1}{2}$ " x  $4\frac{1}{2}$ ".

Line up the  $2\frac{1}{4}$ " mark on your ruler with the tip of the "goose" which is circled in the photo. You need  $\frac{1}{4}$ " for a seam allowance above that mark.

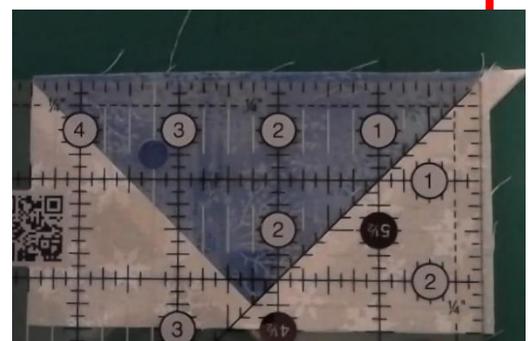
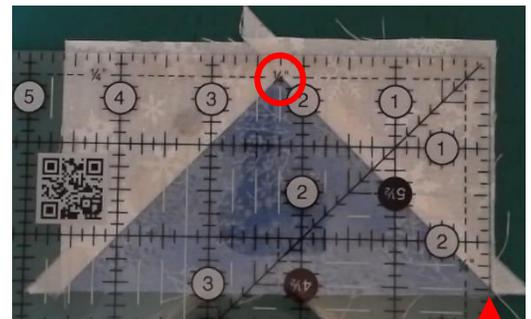
Line up the  $2\frac{1}{2}$ " mark where the diagonal seam comes together indicated in photo with arrow.

Trim the right side and top.

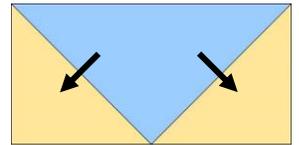
Rotate the unit to trim the remaining two sides.

Line up the  $4\frac{1}{2}$ " line and the  $2\frac{1}{2}$ " line with the edges that you just trimmed. The diagonal line on your ruler will lay on the seam line now. The  $2\frac{1}{4}$ " mark should fall at the point of the "goose" again with a  $\frac{1}{4}$ " seam allowance beyond it. Trim.

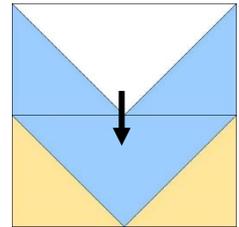
There is a video tutorial available on my website which you may find helpful.



(8) Repeat this process with the G and H squares to make four more Flying Geese units.



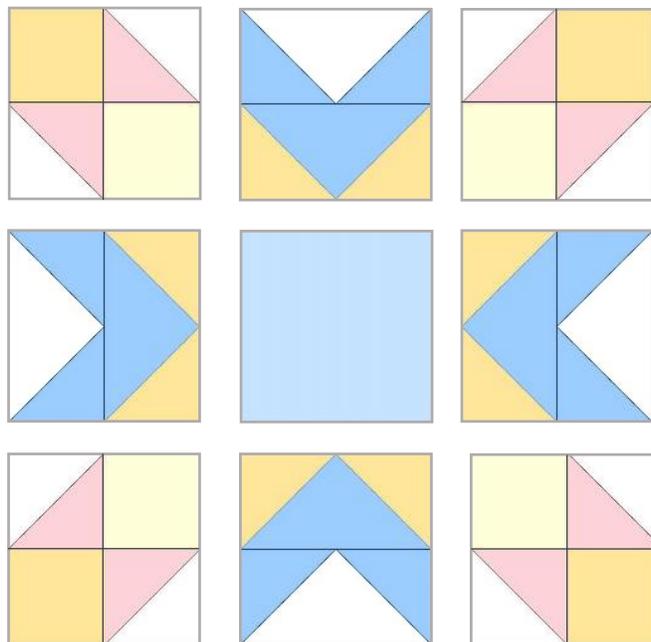
(9) Join the Flying Geese units into pairs as shown to create four of these units. Press as indicated.



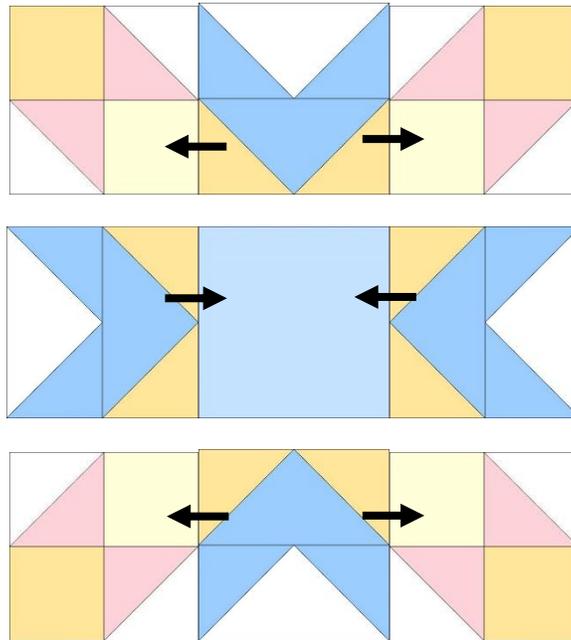
These units should now measure 4½” x 4½”.

## Putting the Block Together

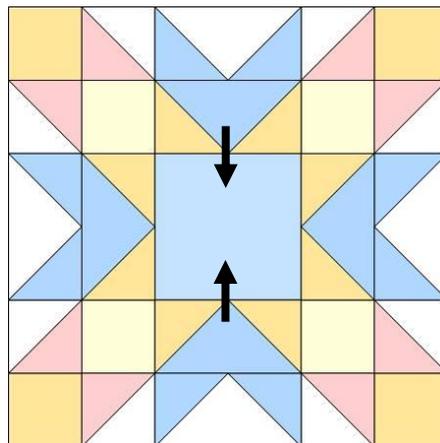
(1) Lay out the Corner Units, the Flying Geese Units and the I square as shown. Watch the direction of the Corner Units to be sure the A squares are all located in the outer corner.



(2) Join together into rows matching seams and pinning as needed. Press as indicated.



(3) Join the rows together matching seams and pinning as desired. Sew slowly over those bulky seams. Press as indicated to finish the block.



The block now measures 12½" x 12½"

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When you share the project and tell your friends about me and my quilt designs and tutorials, it helps me stay in business and support my family. I really do appreciate it when you share and let others know you found my quilting tutorials and patterns helpful.

**So attribution is not required, but definitely appreciated!**

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