



Tuning My Heart Quilts

by

Debra Davis

Just Desserts



Block 5 - Strawberry Shortcake

Just Desserts-2019 BOM
by Debra Davis
Tuning My Heart Quilts, LLC

Block 5: Strawberry Shortcake



Finished Size: 12" x 12"

It is June as I release block 5 of our BOM. Growing up, that meant trips to the strawberry farms in our area. At some point it also meant that my mom would make strawberry shortcake. This block will introduce some new techniques as we will be working with triangles. I highly recommend that you starch your fabrics before cutting out your pieces. It really does help when working with bias edges. I hope you will consider joining my Facebook Sew Along Group. I love seeing what you make! There are quilters of all levels sewing along with me there and it is such a treat for me to get to know each quilter through this group. <https://www.facebook.com/groups/tuningmyheartsewalong>

A few tips before we get started:



- It often helps to press and starch your fabrics before cutting to size.
- Label your pieces as you cut them. I use a Scrabble tile to set on my pieces after cutting them out, but sticky notes also work well.
- Use a slightly shorter stitch length. (2.2-2.3 which is approximately 11 stitches per inch)
- Use a ¼" seam allowance.
- Take your time, sewing slowly, especially over bulky seams.

Debra



Cutting Directions




You will need to cut some of the squares on the diagonal. This will be shown with either  for cutting the square in half or  for cutting into four triangles.


From Blue #1 fabric cut:

A-(cut 4) $2\frac{1}{2}$ " x $2\frac{1}{2}$ "


From Blue #2 fabric:

B-(cut 2) $4\frac{7}{8}$ " x $4\frac{7}{8}$ " 


From Pink fabric cut:


C-(cut 1) $5\frac{1}{2}$ " x $5\frac{1}{2}$ " 

From Red fabric cut:

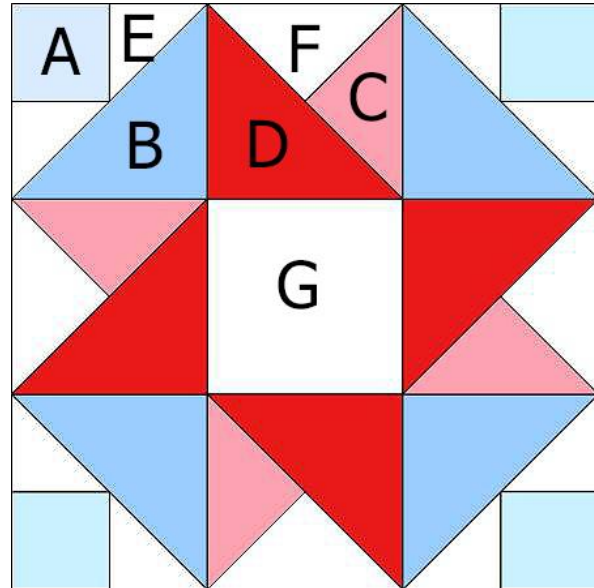
D-(cut 2) $5\frac{1}{8}$ " x $5\frac{1}{8}$ " 

From Background fabric cut:

E-(cut 4) $2\frac{7}{8}$ " x $2\frac{7}{8}$ " 

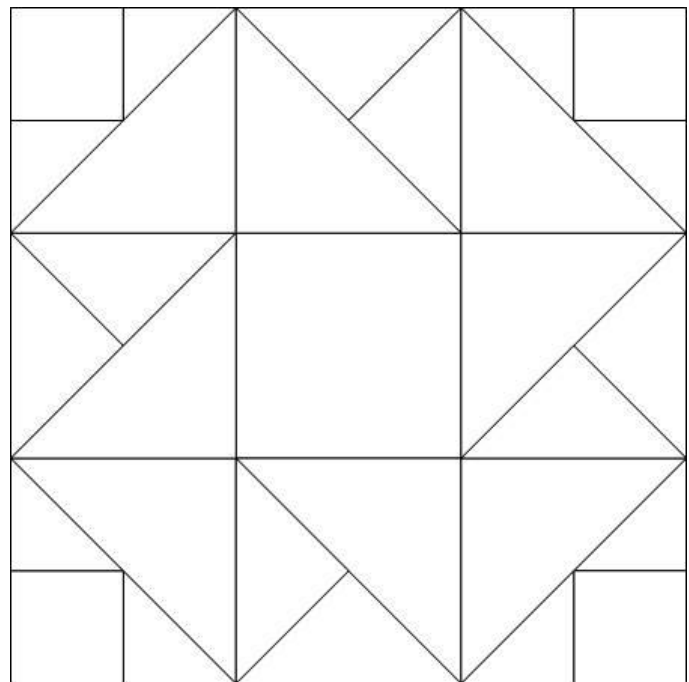
F-(cut 1) $5\frac{1}{2}$ " x $5\frac{1}{2}$ " 

G-(cut 1) $4\frac{1}{2}$ " x $4\frac{1}{2}$ "



Note: If you are making the queen size quilt you will need to make one of this block.

Color it Your Way

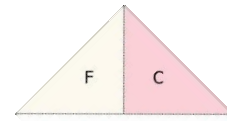




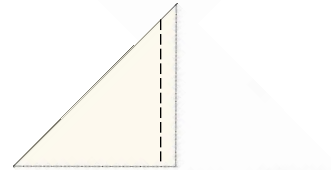
Making Quarter-square Triangles



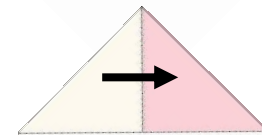
(1) Lay out the C and F triangles as shown.



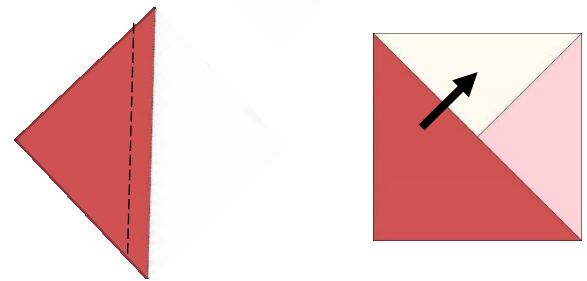
(2) With right sides together sew a 1/4" seam allowance.



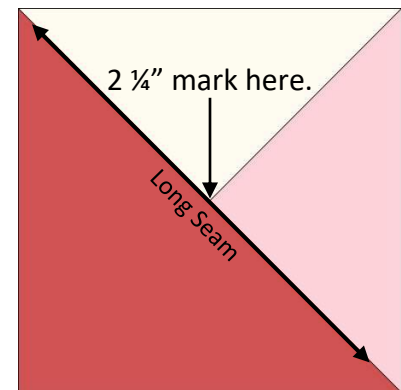
(3) Press towards C.



(4) Lay a D triangle on each of the F/C triangles. Here we will be sewing on the bias edge. This is where you need to be careful not to stretch those sides of the triangle as you sew. Sewing slowly and not pulling on the corners as you go is the key. I sew with the D triangle on top. Press towards the F/C triangles.



(5) Trim units to 4 1/2" x 4 1/2". To do this accurately line up the diagonal line of your ruler with the long seam line. Place the 2 1/4" mark at the intersection of the small triangles.

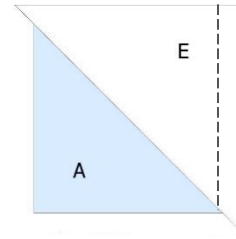




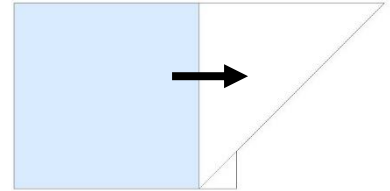
Making the Corner Units



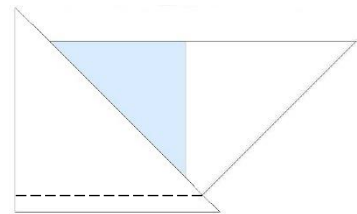
(1) Place an E triangle right sides together on the A squares matching the straight edges along the corners. Sew a $\frac{1}{4}$ " seam.



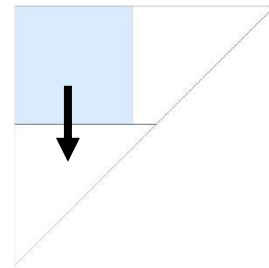
(2) Press towards E.



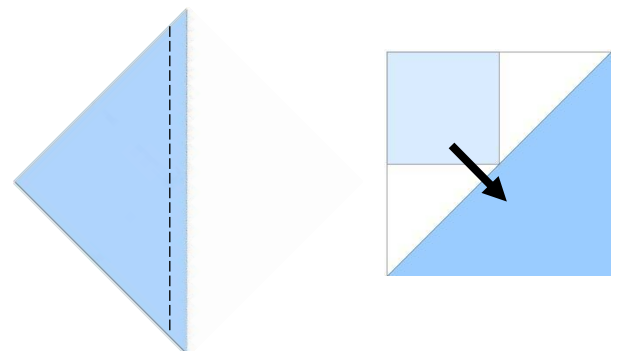
(3) Lay another E triangle on the A square as shown. Sew a $\frac{1}{4}$ " seam along the bottom edge.



(4) Press towards E. Trim off points that extend beyond $\frac{1}{4}$ " seam allowance.



(5) Place the B triangles on top of the units just sewn, lining up the edges. Sew a $\frac{1}{4}$ " seam along the bias edge. This is where starching your fabric ahead of time will come in handy as it stiffens up the fabric which aids in keeping it from getting stretched out of shape as you sew. Be careful not to pull on the triangles as you sew, and sew slowly. Press towards B.



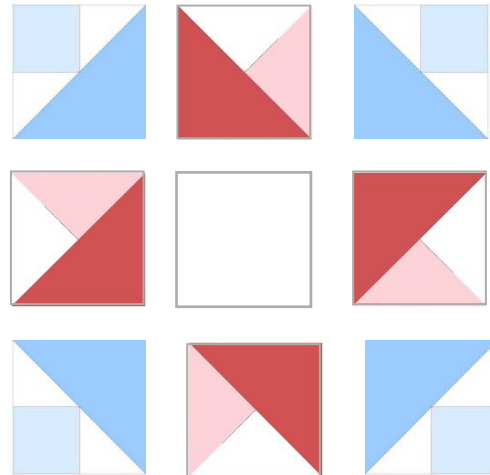
These units measure $4\frac{1}{2}$ " x $4\frac{1}{2}$ " and are not trimmed to size.



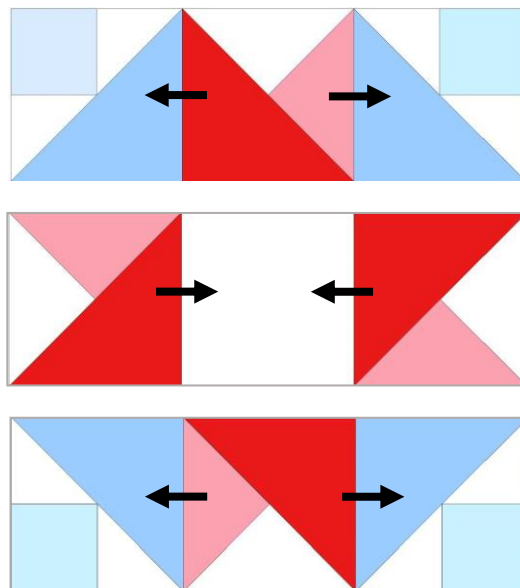
Putting the Block Together



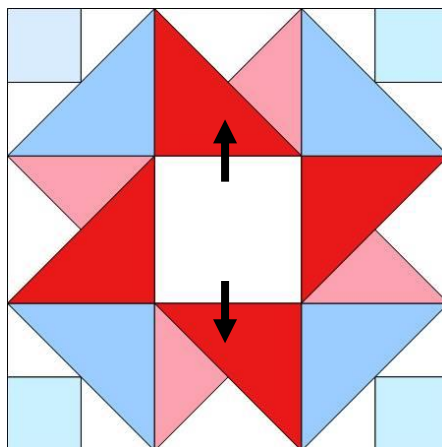
(1) Lay out the Quarter-square Triangles, Corner Units and G square as shown. Watch the direction of the Quarter-square Triangles in particular as it is easy to get them turned the wrong direction. Basically, you need the D triangles to lay in opposite directions across from each other.



(2) Join together into rows, matching seams. Most seams will lock together as they were pressed in opposite directions. There are a couple of diagonal seams laying the same way, for those I use just a spot of glue from a water soluble glue pen rather than a pin to hold those seams in place while I sew. Press as indicated.



(3) Join the rows together. Press as indicated to finish the block.



The block measures $12\frac{1}{2}$ " x $12\frac{1}{2}$ "

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