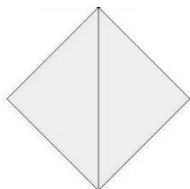


# Passing the Days: General Instructions

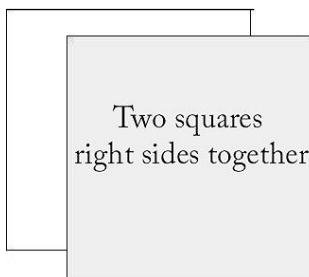
I highly recommend starching your fabrics with this project.

## Half-square Triangles (HST)

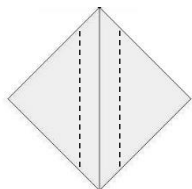
1. Draw a diagonal line on the wrong side of the lightest square.



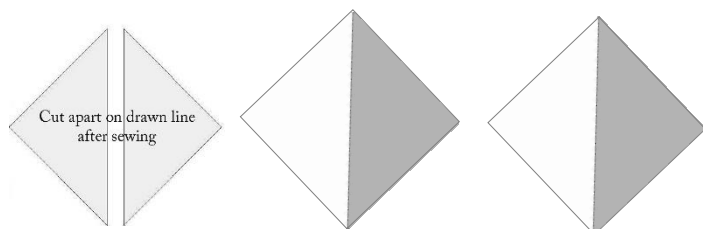
2. Place right sides together on the darker square.



3. Sew 1/4" from each side of the drawn line.



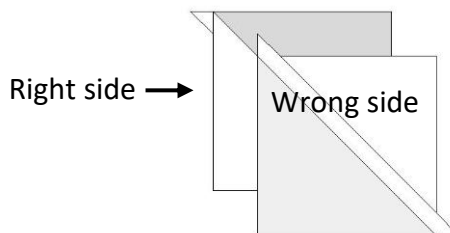
4. Cut apart on drawn line. You will get two HST's. Press as directed in pattern.



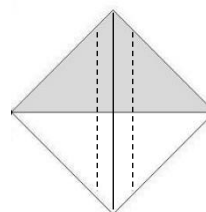
## Hourglass Units

**Note:** I find a scant 1/4" seam works best to achieve an accurate size when sewing these.

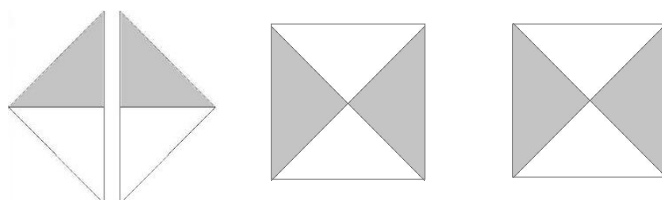
1. Follow directions for Half-square Triangles to begin. With right sides together match up seams so they "lock" together.



2. Draw a diagonal line on the top HST. Sew 1/4" from each side of the drawn line.



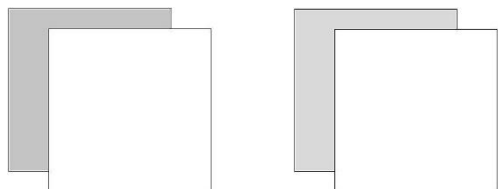
3. Cut apart on drawn line. You will get two Hourglass units. Press as directed in pattern.



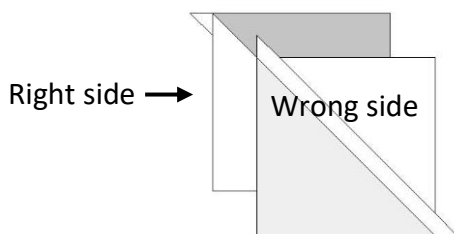
## Quarter-square Triangles (QST)

**Note:** I find a scant  $\frac{1}{4}$ " seam works best to achieve an accurate size when sewing these.

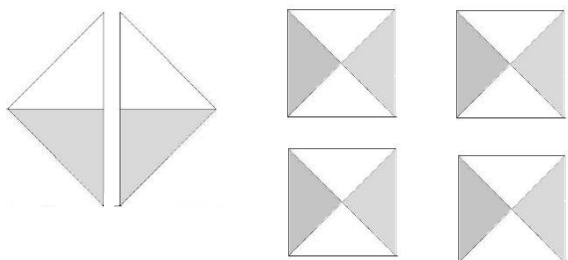
1. Follow the directions for the HST's but you will be using 3 different fabrics instead of only two.



2. You will have four HST's to match up. Combine them, matching seams. Draw the diagonal line down the one on top and sew  $\frac{1}{4}$ " from each side of the drawn line.



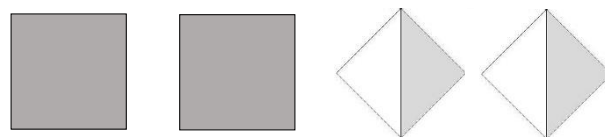
3. Cut apart on drawn line. You will get four identical QST's. Press as directed in pattern.



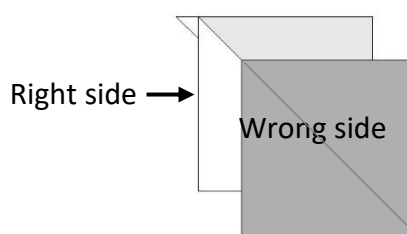
## Split Quarter-square Triangles

**Note:** I find a scant  $\frac{1}{4}$ " seam works best to achieve an accurate size when sewing these.

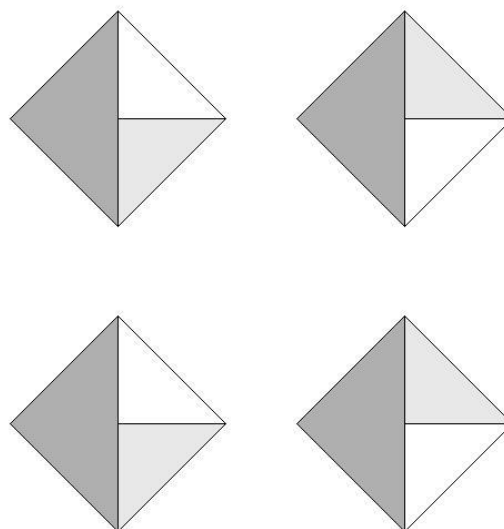
1. Follow the directions for the HST's but you will be using 3 different fabric. Use two of the squares to make the HST's.



2. Draw a diagonal line on the wrong side of the plain fabric squares. Place right sides together on the HST's. Sew  $\frac{1}{4}$ " from each side of the drawn line.



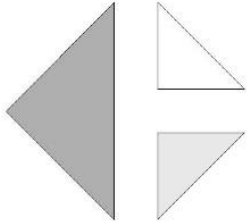
3. Cut apart on drawn line. You will get two Split Quarter-square Triangles from each pair. Press as directed in pattern. Note that each set of Split QST's are mirror images of each other.



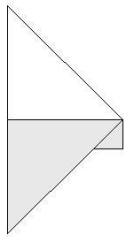
## Split Quarter-square Triangles That are Identical

**Note:** I find a scant  $\frac{1}{4}$ " seam works best to achieve an accurate size when sewing these.

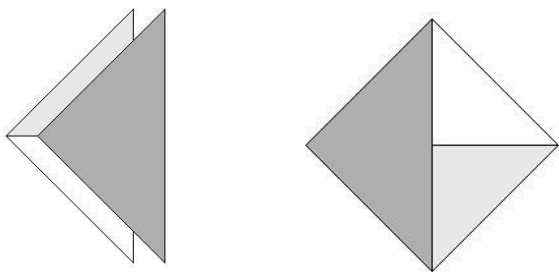
1. To get identical Split QST's we need to work with triangles. One large and two small.



2. Join the two smaller triangles. A dab of water soluble glue at the tips can help keep them aligned properly as you sew.

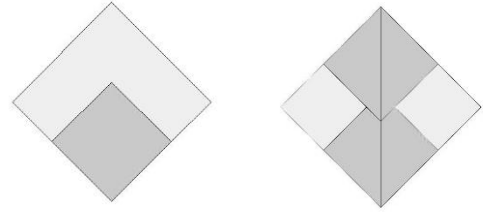


3. Place the large triangle right sides together on top of the small triangle pair and sew a scant  $\frac{1}{4}$ " seam. Press as indicated in pattern.

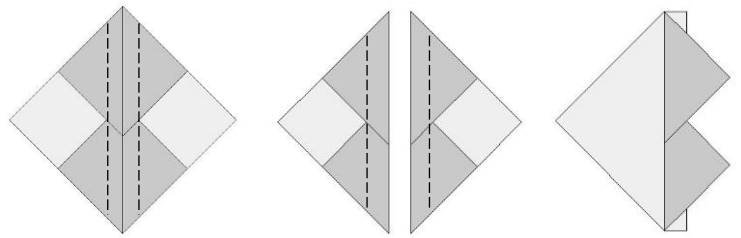


## Flying Geese

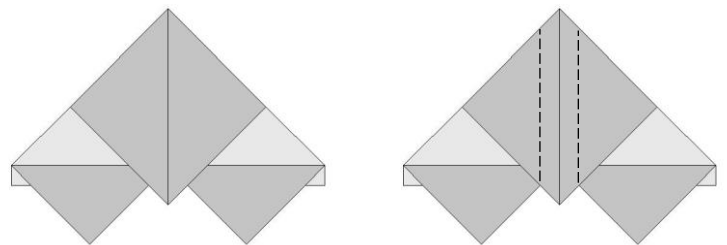
1. Very similar to the method for making HST's. You will be working with 1 large square and four small squares. First lay out two small squares on the large square, right sides together. Draw a diagonal line down the middle of the two small squares.



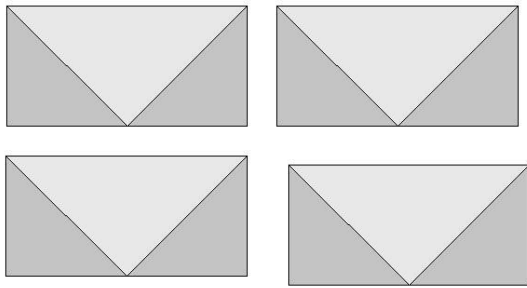
2. Sew  $\frac{1}{4}$ " from each side of the drawn line. Cut apart on the drawn line and press towards the small triangles. You will have two of these units.



3. Draw a diagonal line down the middle of the remaining small squares. Lay them right sides together on top of the units made in the previous step. Sew  $\frac{1}{4}$ " from each side of the drawn line.

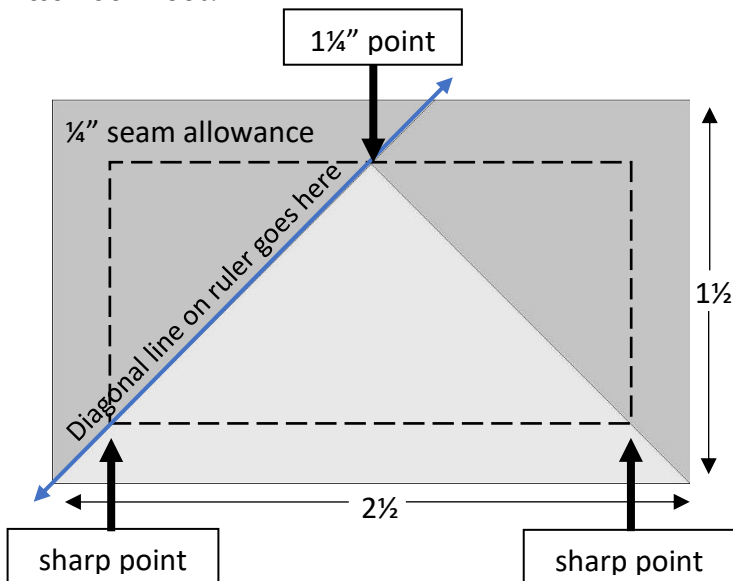


**4.** Cut apart on drawn line. Press towards the small triangles. You will have four identical Flying geese.



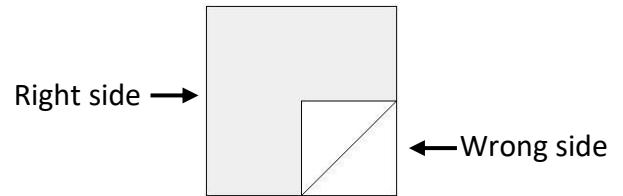
**5.** For most of the blocks in this project we will need to trim these to  $1\frac{1}{2}$ " x  $2\frac{1}{2}$ ". My favorite ruler for this is the Bloc Loc 2" x 4" ruler. It has the seam allowance built in and I don't have to do any fidgety measuring to get an accurate trim.

With a regular ruler use the following drawing for trimming them. You want to make sure that you have  $\frac{1}{4}$ " seam allowance all the way around. Lay the midpoint of the Flying Geese measurement on your ruler ( $1\frac{1}{4}$ ") at the point shown, making sure you have  $\frac{1}{4}$ " beyond the edge of your ruler. Use the diagonal line of your ruler to lay along the diagonal seam line (Shown by double arrow). And finally look to see that the lower corners result in sharp points where the two fabrics meet.

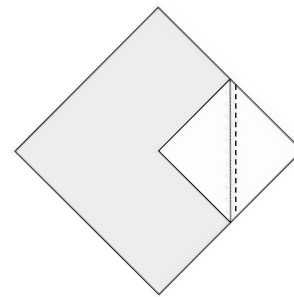


## Quick Corner Triangles

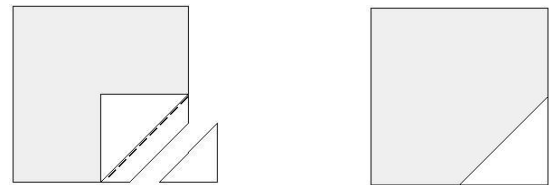
**1.** Draw a diagonal line on the back of the small squares. Place in corner of large square, right sides together.



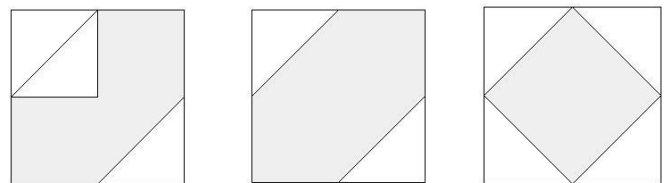
**2.** Sew along the drawn line. I sew with my needle just to outside of the line not right on top of the line. (A needle width is all you need.)



**3.** Cut the excess away if desired,  $\frac{1}{4}$ " from seam and press towards small triangle.



**4.** Continue in the same manner to add the rest of the triangles called for in the pattern.



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*Tuning My Heart  
Quilts, LLC*