



Tuning My Heart Quilts

by

Debra Davis



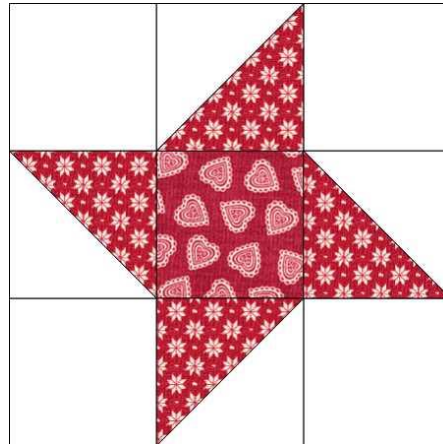
A Nordic Christmas

Mini Blocks

by Debra Davis

Tuning My Heart Quilts, LLC

Week 3: Friendship Star



Finished size: 3" x 3"

This is the third in my series of Christmas ornaments to adorn the house. While they are small, I have chosen blocks and techniques that make working with these small pieces much easier. I do recommend that you use starch both before cutting out your pieces and as you press the units. And take your time as you sew, slowing down can really help with the necessary accuracy. Since this is a stand-alone block, while I have the finished size listed as 3" it does not matter at all if you are off a bit. Happy Quilting!

Debra

Fabric Requirements

The blocks in this series are made using scraps of 2 red fabrics, 1 white on white print and one red and white print. Fat Quarters will work very well.

You will also need:

1 Fat Quarter of fabric for the Backing and Binding.

DMC Pearl Cotton #5 (the loop for hanging.)

Cutting Directions

From White cut:

A-(cut 4) 1 ½" x 1 ½"

B-(cut 2) 2" x 2"

From Red #1 cut:

C-(cut 2) 2" x 2"

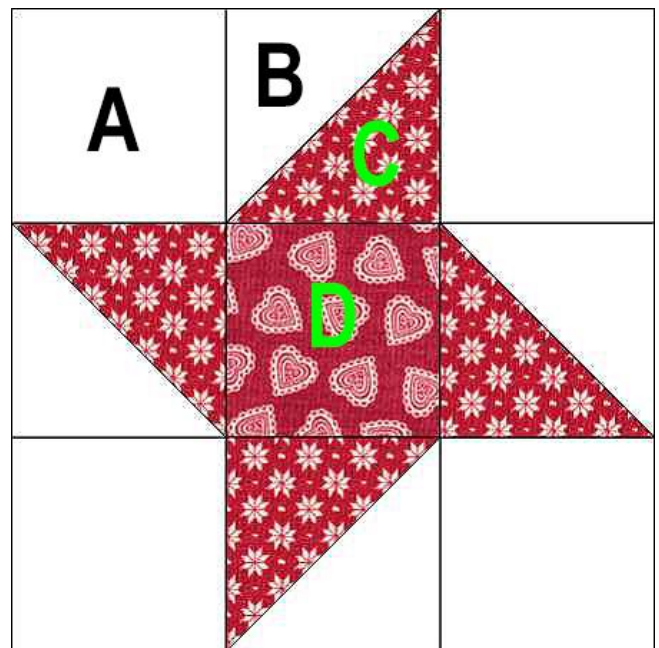
From Red #2 cut:

D-(cut 1) 1 ½" x 1 ½"

Backing: 4 ½" x 4 ½"

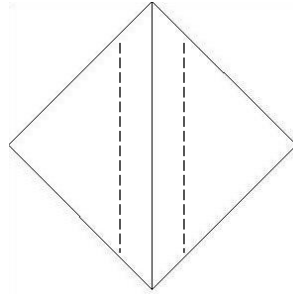
Batting: 4 ¼" x 4 ¼"

Binding: 1 ½" x 18"

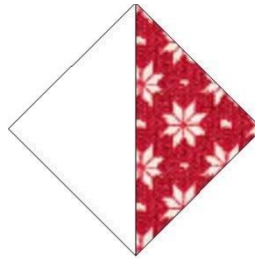


Step 1: Half-square Triangles:

Draw a diagonal line on the wrong side of the B squares. Place right sides together with the C squares and sew $\frac{1}{4}$ " from each side of the drawn line (Dashed lines) Cut apart on the drawn line and press towards C.

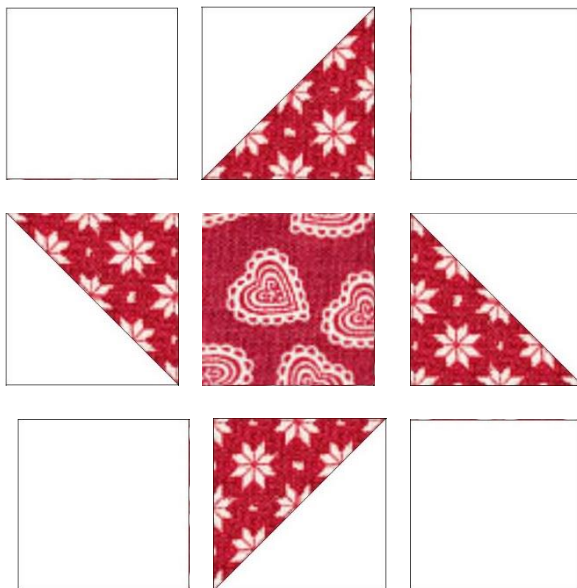


Trim the resulting Half-square Triangles to $\frac{1}{12}$ " squares. Be sure to line up the diagonal line of your ruler with the diagonal seam.

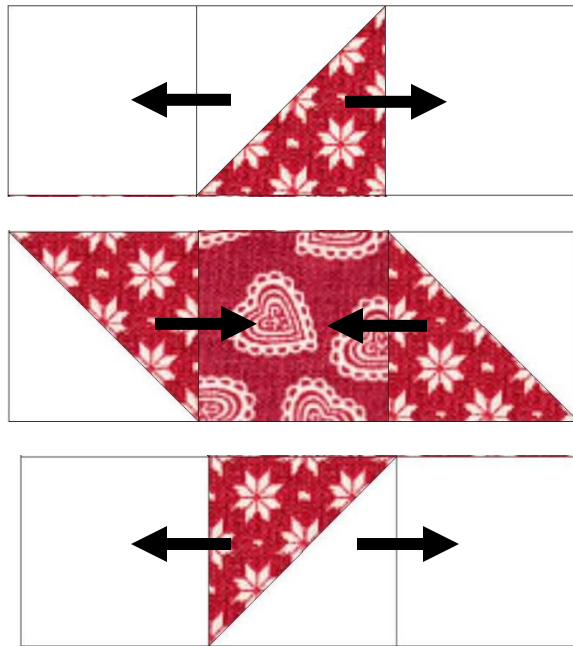


Step 2: Making the Block:

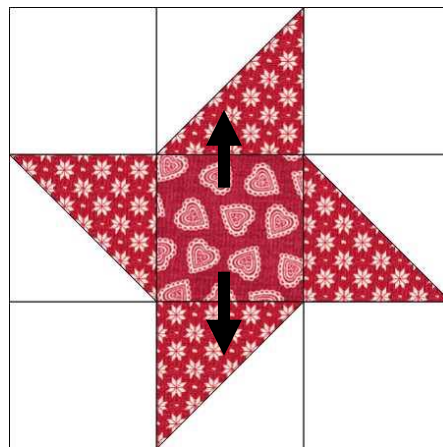
Lay out the units as shown to make a nine-patch block.



Join together into rows pressing as indicated by arrows. The main thing to watch when sewing these is the direction of your Half-square Triangles. It is very easy to get them turned the wrong way. Check at each step of the way.



Join the rows together to complete the block, matching seams and pinning as needed. Press towards the top and bottom rows.



Step 3: Quilting the Block

Layer the backing, batting, and quilt block. I prefer Basting Spray to hold the layers together for small quilts.

Quilt as desired. For my sample I stitched around the inside of the entire shape and the center square.

Step 4: Binding and Finishing:

Press Binding in half. Attach to the front of quilt, mitering the corners as you go. Fold binding over to the back of the quilt and attach with a slip stitch to complete the binding of the quilt.

Cut a length of Pearl Cotton thread and attach a loop to the top for hanging your mini quilt.

I share photo tips for making this block on my blog: search for Nordic Christmas Week 3. I have also posted video tutorials to show how I do the quilting and binding on these little blocks. They can be found on my “Tutorials” page.

That’s it! I hope you will consider sharing your finished block with me on my Facebook Sew Along page. I love to see what you are making with my patterns and always comment. Until next time.... Happy Quilting!

A Note about Copyright: The pattern itself is copyrighted. Basically, please do not make copies of my patterns for others in either print or digital form. I would love it if you would direct people to my website to download their own copies of my patterns-in this way you will be thanking me for my work and supporting what I provide to you.

Yes, you can sell your items made from my patterns.

Any physical items you create with my patterns are yours and there are no restrictions on what you can do with them. So go ahead and enter them in shows, sell them, donate them for auctions, etc. You are not required to mention Debra Davis or Tuning My Heart Quilts in any way.

However, it does help me out a lot when you do.

When you share the project and tell your friends about me and my quilt designs and tutorials, it helps me stay in business and support my family. I really do appreciate it when you share and let others know you found my quilting tutorials and patterns helpful.

So attribution is not required, but definitely appreciated!

Please pay it forward and pay it back and let me know when you create a quilt from one of my patterns. And if you tag me on Facebook [@tuningmyheartquilts](#) and I see it I will be able to comment back to say thank you!