

# August



Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



Thursday

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Notes

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*In art,  
the hand can never execute anything  
higher than the heart can imagine.*

*- Ralph Waldo Emerson*



This Week's Date:

Monday

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Tuesday

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Notes

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Date: S M T W T F S

### Today's Goals:

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7:30	_____
8:00	_____
8:30	_____
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12:30	_____
1:00	_____
1:30	_____
2:00	_____
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3:00	_____
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8:30	_____
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10:00	_____

Goal #	My "To Do" List
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### Drink Your Water





Date:

S M T W T F S

[Empty rectangular box for date entry]

Today's Goals:

1. \_\_\_\_\_
2. \_\_\_\_\_
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 9:30 \_\_\_\_\_  
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Goal #	My "To Do" List

Drink Your Water





Date: S M T W T F S

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### Today's Goals:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
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Goal #

### My "To Do" List


### Drink Your Water





Date:

S M T W T F S

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**Today's Goals:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
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Goal #	My "To Do" List

5:00 \_\_\_\_\_

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10:00 \_\_\_\_\_

Drink Your Water





Date:

S M T W T F S

Blank rectangular box for writing the date.

### Today's Goals:

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Goal #

### My "To Do" List


### Drink Your Water





Date:                      S M T W T F S

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Today's Goals:

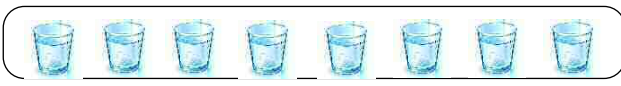
1. \_\_\_\_\_
2. \_\_\_\_\_
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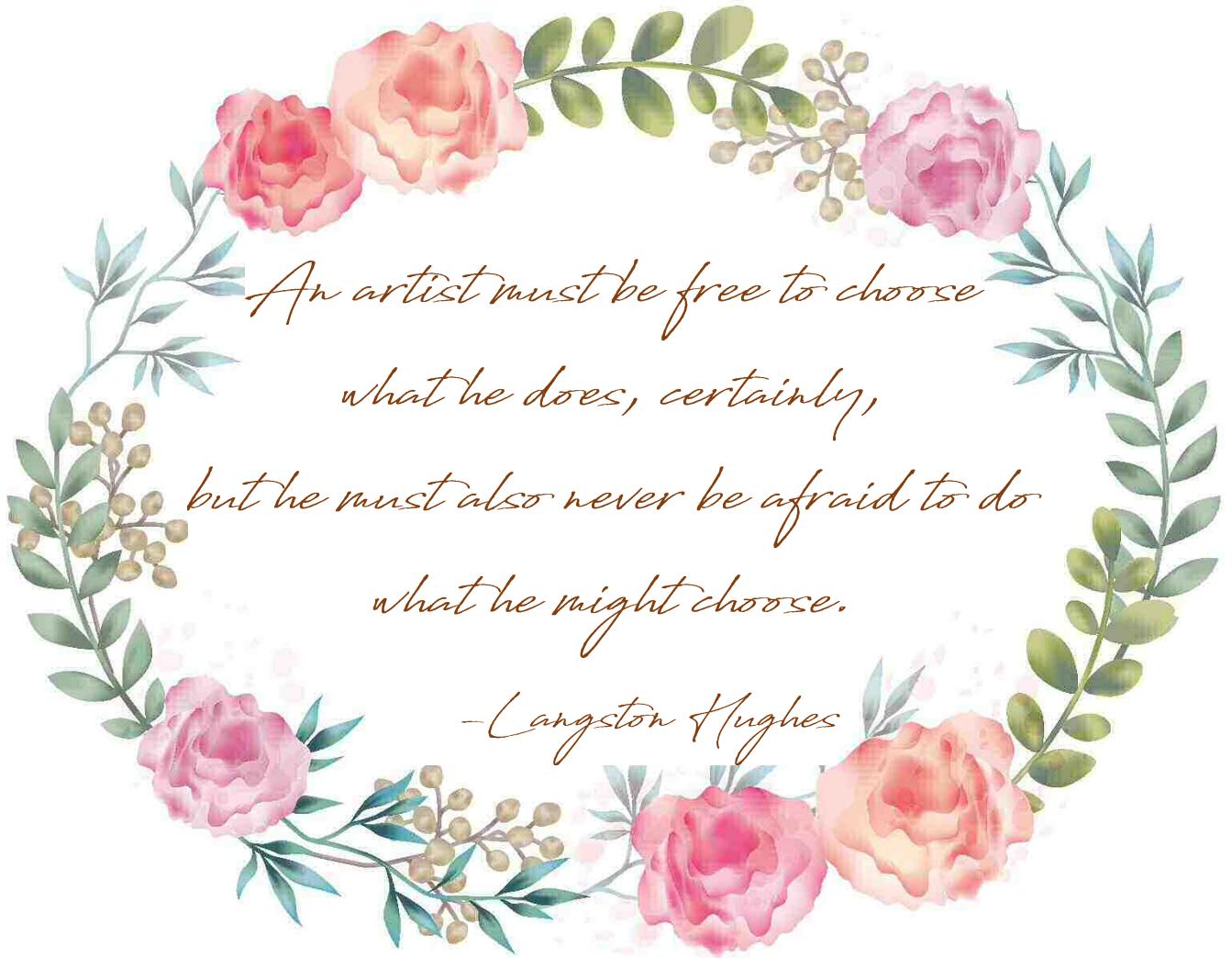
5:00 \_\_\_\_\_  
5:30 \_\_\_\_\_  
6:00 \_\_\_\_\_  
6:30 \_\_\_\_\_  
7:00 \_\_\_\_\_  
7:30 \_\_\_\_\_  
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9:30 \_\_\_\_\_  
10:00 \_\_\_\_\_

Goal #      My "To Do" List

Goal #	My "To Do" List

Drink Your Water





*An artist must be free to choose  
what he does, certainly,  
but he must also never be afraid to do  
what he might choose.*

*-Langston Hughes*



This Week's Date:

Monday

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Notes

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Date:

S M T W T F S

### Today's Goals:

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### Goal # My "To Do" List

Goal #	My "To Do" List
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### Drink Your Water





Date: S M T W T F S

Today's Goals:

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
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12:30 \_\_\_\_\_

1:00 \_\_\_\_\_

1:30 \_\_\_\_\_

2:00 \_\_\_\_\_

2:30 \_\_\_\_\_

3:00 \_\_\_\_\_

3:30 \_\_\_\_\_

4:00 \_\_\_\_\_

4:30 \_\_\_\_\_

5:00 \_\_\_\_\_

5:30 \_\_\_\_\_

6:00 \_\_\_\_\_

6:30 \_\_\_\_\_

7:00 \_\_\_\_\_

7:30 \_\_\_\_\_

8:00 \_\_\_\_\_

8:30 \_\_\_\_\_

9:00 \_\_\_\_\_

9:30 \_\_\_\_\_

10:00 \_\_\_\_\_

Goal #	My "To Do" List

Drink Your Water





Date:                      S M T W T F S

### Today's Goals:

1. \_\_\_\_\_
2. \_\_\_\_\_
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8:30	_____
9:00	_____
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10:00	_____

Goal #	My "To Do" List

### Drink Your Water





Date: S M T W T F S

Empty box for date entry.

Today's Goals:

- 1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
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6. \_\_\_\_\_
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8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

Vertical timeline grid with hourly slots from 5:00 to 10:00.

Goal #

My "To Do" List

Table with 2 columns: Goal # and My "To Do" List.

Drink Your Water





Date: S M T W T F S

### Today's Goals:

1. \_\_\_\_\_
2. \_\_\_\_\_
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8:30 \_\_\_\_\_

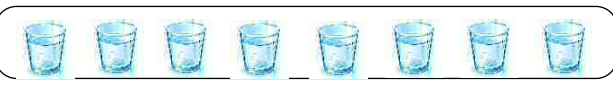
9:00 \_\_\_\_\_

9:30 \_\_\_\_\_

10:00 \_\_\_\_\_

Goal #	My "To Do" List

### Drink Your Water





Date: S M T W T F S

### Today's Goals:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
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1:30	_____
2:00	_____
2:30	_____
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Goal  
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### My "To Do" List

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### Drink Your Water





Date: S M T W T F S

[Empty date input box]

### Today's Goals:

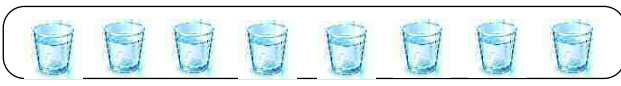
- 1. \_\_\_\_\_
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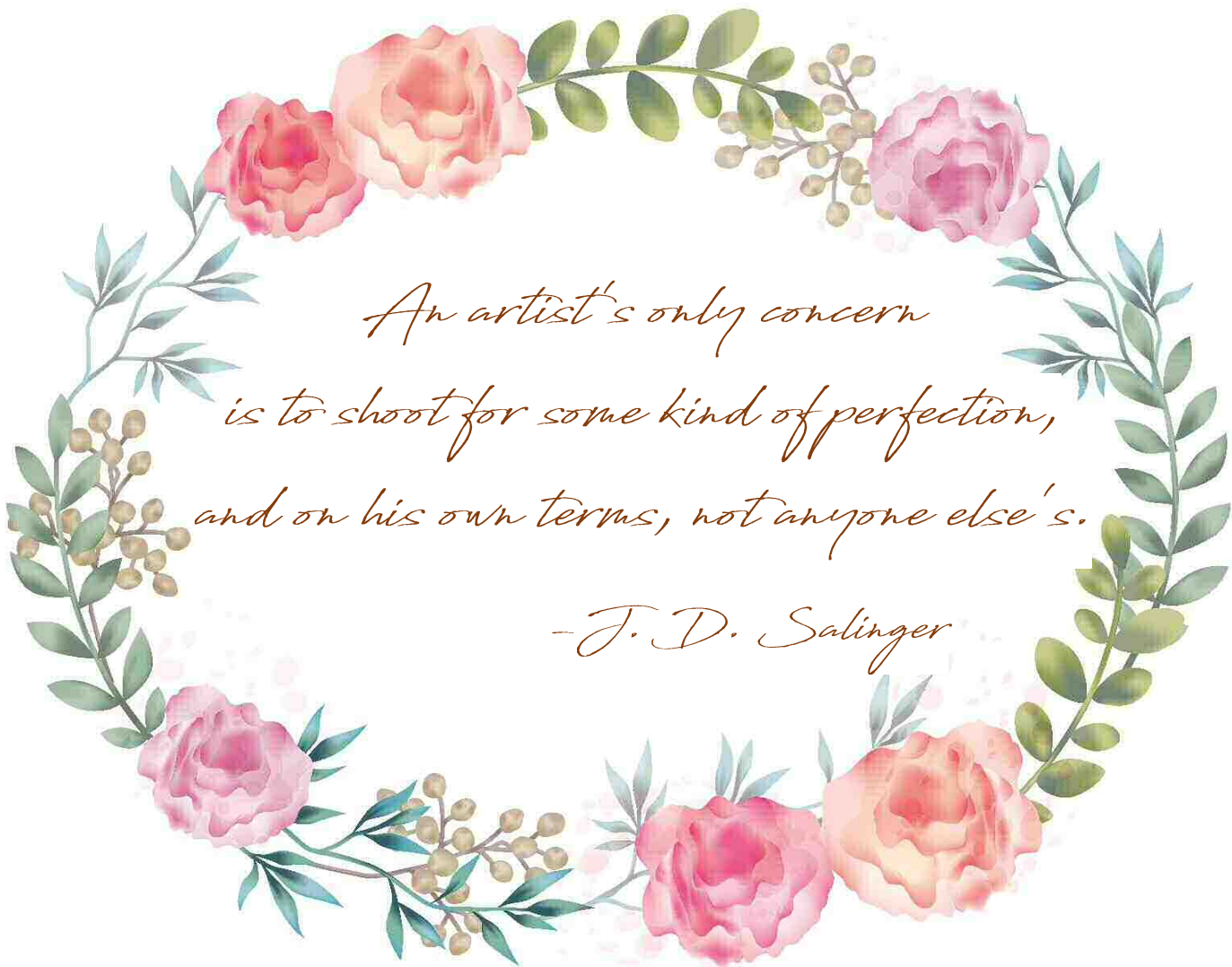
### Goal # My "To Do" List

Goal #	

### Drink Your Water







*An artist's only concern  
is to shoot for some kind of perfection,  
and on his own terms, not anyone else's.*

*- J. D. Salinger*



This Week's Date:

Monday

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Tuesday

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Notes

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Date: S M T W T F S

Empty rectangular box for writing the date.

Today's Goals:

- 1. \_\_\_\_\_
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3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
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9. \_\_\_\_\_
10. \_\_\_\_\_

Vertical timeline with hourly slots from 5:00 to 10:00, each with a horizontal line for notes.

Goal # My 'To Do' List

Table with 2 columns: Goal # and My 'To Do' List. Contains 15 empty rows for tracking progress.

Drink Your Water





Date:

S M T W T F S

\_\_\_\_\_

### Today's Goals:

1. \_\_\_\_\_
2. \_\_\_\_\_
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Goal #

### My "To Do" List


Drink Your Water





Date:

S M T W T F S

## Today's Goals:

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10:00	_____

Goal #	My "To Do" List
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Goal #	My "To Do" List

## Drink Your Water





Date: S M T W T F S

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**Today's Goals:**

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Goal #

**My "To Do" List**


**Drink Your Water**





Date:

S M T W T F S

[Date entry box]

### Today's Goals:

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### Goal # My "To Do" List

Goal #	My "To Do" List

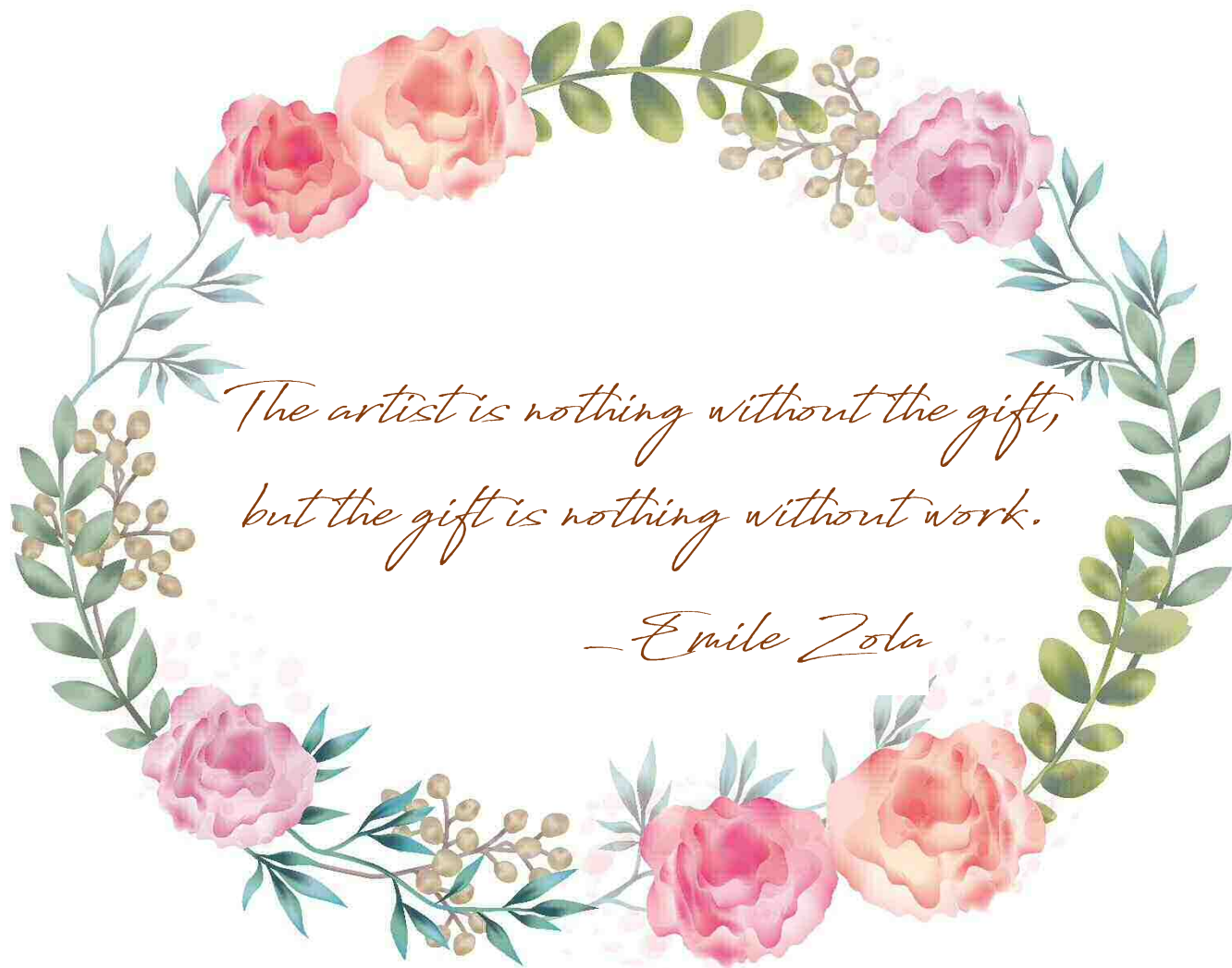
### Drink Your Water











*The artist is nothing without the gift,  
but the gift is nothing without work.*

*—Emile Zola*



This Week's Date:

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Date: S M T W T F S

[Empty date entry box]

Today's Goals:

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Goal #	My "To Do" List

Drink Your Water





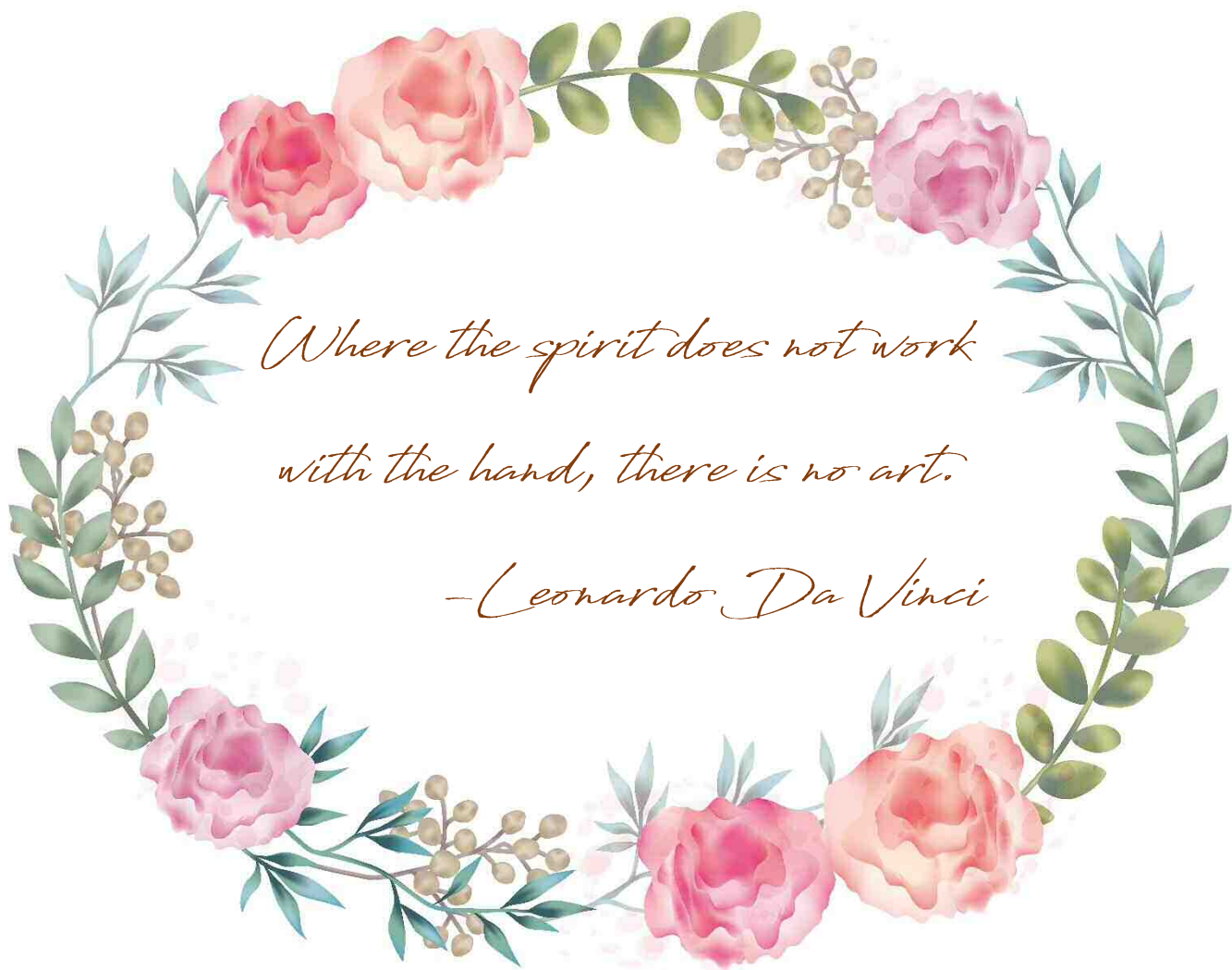












*Where the spirit does not work  
with the hand, there is no art.*

*-Leonardo Da Vinci*



This Week's Date:

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